

Turn	Next	Road	Total
R	0	NO LOOP	0.17
R	0	R trail to State Hospital	0.17
S	0.67	(cross the bridge over Lloyd)	0.84
L	0.12	NO LOOP at State Hospital	0.95
R	0	At the bottom of the big hill, RIGHT to head out of the park	0.95
R	0.53	R Lincoln Avenue	1.49

Turn	Next	Road	Total
L	0.73	L South Alvord Boulevard	2.22
uturn	0.31	Around at East Chandler Avenue	2.53
R	0.32	R Lincoln Avenue	2.85
L	0.87	L into State Hospital	3.72
S	0.28	Follow trail past SWIMGA Display Garden and back to Wesselman's	3.99